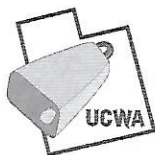


Utah Cattlewomen's Association



The State Fair Beef Cook-off was held on Saturday, September 15, 2018 in the Zion Building at the Utah State fairgrounds.

The event went well this year. A big thanks to Nicki Wintch for being our chair for this event and doing a fabulous job.

This year's theme for the cook-off was "Beef Around the Dinner Table." Contestants each had 30 minutes to prepare their favorite beef dinner entrée and present it to the judges. While they were cooking, Nicki Wintch and the 2018 Beef Ambassadors spoke to the audience about beef nutrition and things they do to promote beef.

The winners of the 2018 State Beef Cook-off were as follows: First place – Marci Roderer, Second place – Erica Crisco, Third place – Anna Maria Freeman, Fourth place – Treasa Paul, and Fifth place – Elizabeth Mulder. Thank you to Shawn Murray, Candice Richardson, and Bill McArthur for being our judges this year.

Hats off to our beef ambassadors who did a fabulous job with their beef demonstrations after the beef cook-off. They cooked up four different dishes for the audience to sample. They demonstrated step-by-step instructions on how to cook fabulous beef entrées. They were

delicious, and everyone in attendance loved the samples.

Be sure to enter our talent contest. Please remember that anyone can enter. For details visit our website at www.utahcattlewomen.org. There will be a \$200 prize for the overall winner, plus other prizes in each category. Categories include: Art, Photo, Writing, Quilting, Leatherwork, Music/Performance, and Video. The contest theme is "Reflections on the Ranch." Please share your talents with us and let us get to know you better.

Thanks to all who helped to make these events a success.
Deb Richards - UCWA President

UPCOMING EVENTS:

UCWA Talent Contest - Now through November 29, 2018

ANCW Region VI Meeting
May 6-8, Bear Lake, Utah
www.utahcattlewomen.org



2nd Place Winner Erica Crisco
Korean Beef and Quinoa Bowl



3rd Place Winner Anna Maria Freeman
Decadent Short Ribs w/Mashed Potatoes



4th Place Winner Treasa Paul
Beef Keema Paratha
(Minced Beef Stuffed Flatbread)



1st Place Winner Marci Roderer
30 Minute Mongolian Beef



5th Place Winner Elizabeth Mulder
Not Your Mama's Faux Pasta Marinara
w/Meatballs



Barbara Wintch, Nikki Weston, Kylee Taylor, Alli Smith, Lindsey Johnson,
Hawkan Cornia and Deb Richards at the state fair